



## MindScape Access Guide

### 1. Getting Started

MindScape is now live and ready for you to explore. You can access the platform through **the official entry point**:

#### Option A: Through the Main Website

1. Go to **mindscapes1.online**
2. On the homepage, select **“Access MindScape Chat”**
3. You’ll be automatically redirected to the secure MindScape app portal.

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### 2. Creating Your Account

To use MindScape Chat, you’ll need a personal login.

1. On the home screen, select **“Sign Up”**
2. Enter your basic details (name, email, password)
3. Submit the form
4. You’ll be taken directly to your dashboard once your account is created

*Tip:* Use an email you check often—you may receive updates or verification prompts in the future.

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### 3. Logging In

Once you’ve created an account:

1. **Follow Step 1**
2. Select **“Log In”**
3. Enter your email and password
4. You’ll land inside your personal MindScape space

Quick. Simple. No drama.

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### 4. Using MindScape Chat

- Head to the **Chat** section
- Type any mental-health-related question, thought, or concern
- The system will guide you with supportive, AI-driven responses
- You can use the space for reflection, guidance, emotional check-ins, or clarity during stressful moments

MindScape keeps everything private and centered on your well-being.

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## 5. Troubleshooting

If something feels off:

- Refresh the page
- Try logging out and back in
- Make sure your internet connection isn't acting sus
- If all else fails, reach out to your project support team

~Team MindScape  
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